

# Athletic Blast – August

**Fall Sports Tryout Requirements** – To tryout for a sport you must register online for the sport and have a current physical on file with the athletic office. Instructions on how to register for sports are below:

To register for athletics go to the Resurrection College Prep webpage at [www.reshs.org](http://www.reshs.org). Click “Athletics.” Then click “Tryouts” on the left hand side. On the Tryouts page under Tryout Requirements you will see a link to register. Click that link, then click “Registration” on the next page. Hit “Begin Registration” and follow the process.

**Swim Tryout and Practice Times** – We have finalized pool times at St. Patrick’s for tryouts and regular season practices. For tryouts August 14<sup>th</sup>, 15<sup>th</sup>, and 16<sup>th</sup> the pool times will be 4:00 – 5:30pm. The season practice schedule will be:

Mondays: off

Tuesdays: 8:00-10:00pm

Wednesdays: 8:00-10:00pm

Thursdays: 4:00-5:30pm

Fridays: off

Saturdays: 8:00-10:30am

Sundays: Time TBD. Will practice on Sundays as needed.

**Fall Sports Parent Meeting August 23<sup>rd</sup>** – The Fall Sports Parent meeting will be Wednesday, August 23<sup>rd</sup>, from 6 – 7:30pm in the Cafeteria. One parent of each athlete needs to attend. Athletes do not need to attend and may not attend in place of their parents. Failure to attend the meeting will be viewed upon as an unexcused absence by the Coach. Please reach out to your daughter’s coach if a scheduling conflict exists.

**Fall Sports Picture Day October 2<sup>nd</sup>** – Fall sports picture day will be Monday, October 2<sup>nd</sup>. Below is the schedule. We will have an early dismissal for tennis players so they can make it to their 4:00pm match. The schedule for the day is below.

2:45 - 3:15pm is Tennis  
3:15 - 3:30pm is Golf  
3:30 - 4:00pm is Cross Country  
4:00 - 4:30pm is Swim  
4:30 - 5:15pm is Volleyball

**Fall Sports Senior Days** – The following are the Senior Days for fall sports. These dates are up on the team schedules on 8:18 as well.

**Volleyball:** Tuesday, October 17<sup>th</sup> vs. Regina

**Tennis:** Wednesday, October 11<sup>th</sup> vs. Maine East

**Golf:** Wednesday, September 28<sup>th</sup> at D'Agostino's

**Swimming:** Monday, October 16<sup>th</sup> vs. Trinity

**Cross Country:** Saturday, October 7<sup>th</sup> at Resurrection

**JV Tennis Moving to Northeast Park** – Our entire tennis program will be run out of Northeast Park this year. We are making the change for two reasons:

- 1) We want the Varsity coaches to have a better relationship with the JV players.
- 2) Both teams practicing together will ensure the JV players are training the same way the Varsity team is training, creating a better program.

If numbers dictate the need for more court space we will move JV tennis back to Oriole Park.

**Basketball Tryouts Oct 30<sup>th</sup> and 31<sup>st</sup>** – Basketball Tryouts will be October 30<sup>th</sup> and 31<sup>st</sup> with the first day of practice to follow on November 1<sup>st</sup>. Time are still TBD.