

# Resurrection Athletic Blast – February 23, 2018

## Spring Sports Tryouts (note Monday and Tuesday Schedules) – Track

began the week of February 20 and other [spring sports tryouts](#) are the week of February 26. **Please see complete spring sports tryout information [HERE](#) with updated times and locations.**

**Locations & times - please note:** on Monday and Tuesday, Lacrosse will be outside. Softball and Soccer will follow the indoor schedule. Water polo times are set at 8-10 pm M, T, W, F and 1:00 pm on Saturday. Track will continue with its regular times of M, T, Th, F from 3:30 – 5:00 pm.

**Basketball Is Regional Champion** – Basketball handily defeated Johnsbury last week to win their Regional. The team came up against a tough St. Viator team in sectionals. The Bandits battled hard, but it was not enough. Basketball season is over. Please congratulate the team if you see them on their Regional Championship.

**Trivia Night Friday March 2, 2018 at 7:00 pm** – [Trivia Night](#) is set for **Friday, March 2, 2018** at 7:00 pm in the Cafeteria. This is the biggest fundraiser of the year for Athletics and the Athletics Booster Club.

**General Info:** The event is adults only (alcohol will be available for purchase along with soda and water). No beverages of any kind (even soda/water) are allowed to be brought into the event. You can bring as much food into the event as you like. Registration is \$25 per person and you may have a team of up to 8 people. The team does not have to register together - each member can sign up individually and sit together at the event. Registration is available [HERE](#). Walk-in registration will also be available on the evening of the event. Walk-in participants, please arrive before 7 pm.

**Athletic Benefits of this event:** With the money raised last year many new items have been purchased for Athletics. The softball scoreboard has been fixed. There are new softball benches with shelving, allowing the players space to put their gloves and batting helmets. The volleyball and basketball teams enjoyed our new “film room” thanks to the Booster Club’s purchase of an iPad and projector. All of our sports teams are using the new squat rack. Our athletes are now able to improve lower body conditioning, enhancing performance and lowering the risk of injury. Soccer and Lacrosse will have a new scoreboard that will clearly show the score and time remaining in their matches, enhancing the spectator experience.

**Improved Team Performance:** Both Basketball and Volleyball improved their playoff seeding this year. Volleyball went from a #5 seed in the State Tournament to a #1 seed in the State Tournament. Eventually finishing Second in the State. Basketball went from a #9 seed last year to a #4 seed this year. Both coaches have personally thanked me for the Booster Clubs purchase of the iPad and projector. Both Coach Mike Sopocy and Coach Jon Palicki have told me it used to take hours to download game film to strategize with their teams the next day. The process was time consuming that sometimes the coaches could not finish the download process in time for practice the next day. If the team’s next game was coming up quickly the coach would lose the opportunity to learn from the previous games film before having to transition to preparing for the next game. Never giving the players a chance to learn

from their mistakes. The new iPad and projector have made the download process almost instantaneous, allowing coaches to more easily prepare film studies for their athletes. This has enhanced our team's mental focus and led to more productive practice time.

**New purchases on the list with your support:** There are more facility improvements the [Athletic Booster Club](#) is looking to make. Among these are an outdoor hitting cage for softball and bleachers for viewing games on our fields. The club meets the first Wednesday of every month at 6:30 pm in the Library. All are welcome. If you have ideas on other items Athletics should be purchasing, please come to a meeting and share your thoughts.

**Support of the Resurrection community:** As you see, this has been quite a year for the Athletic Booster Club and Resurrection Athletics. We appreciate the support of our Athletic families, alumnae, and the Resurrection community at this event. Every penny earned goes directly back to the student athletes and coaches at Resurrection.

**March 7, 2018 Booster Club Meeting moved to 5:30 pm** – The Athletic Booster Club has moved its March 7 meeting to 5:30 pm. The club will be moving the product and equipment from the inside concession stand to the outside concession stand as we prepare for spring sports. If you are able to help with this move, please meet by the inside concession stand at 5:30 pm for the Booster Club meeting on March 7.

**Boutique Volunteers Needed** – We are in need of a volunteer to take over the Band Boutique. 100% of proceeds from the boutique go to the Athletics Booster Club. The volunteer responsibilities are to have the boutique open for a half hour once a week. This can be before school, after school, or during lunch (whatever works best for your schedule). Additional responsibilities are to have the boutique open for events such as Breakfast with Santa, Back to School Night, Grandparents Night, etc. Please contact Mr. Kane if interested at [ekane@reshs.org](mailto:ekane@reshs.org).

**Lacrosse Coaches Needed** – Resurrection is looking to hire another assistant lacrosse coach, either full-time or part-time. If you know of anyone who is interested please have them contact Mr. Kane at [ekane@reshs.org](mailto:ekane@reshs.org).

**Field Maintenance Part-Time Position Open** – Resurrection is looking to hire a part-time Maintenance Position to help with work on the fields. Hours and days of work vary, and are seasonal. Please refer to the Resurrection website [HERE](#) for details.