

Resurrection Athletic Blast – January 20, 2018

Athletics Restaurant Night January 24th – The [Athletic Booster Fundraiser at Fizz Eatery & Soda Fountain](#) will be from 11 am to 10 pm on Wednesday, January 24th, which is a noon dismissal day. Fizz Eatery will donate 20% of your total sales to the Resurrection Athletic Boosters when you tell them that you are participating in the Resurrection fundraiser. Please consider grabbing a family meal at Fizz on January 24th for lunch or dinner. This year the Athletics Booster Club has funded a new squat rack, iPad, and video equipment for the Athletic Department which has greatly helped our student athletes in their physical and mental preparation for games. The Booster Club has many additional projects it would like to fund in and around the Athletic Department but cannot do so without your support. Fizz is located at 7958 W. Belmont Ave in Chicago.

Spring Signing Day – Signing Day for athletes playing at the collegiate level will be Monday, April 16th from noon to 12:30 in the gym. Seniors, if you plan to compete in college, please send Mr. Kane an email at ekane@reshs.org.

New Track Coach – Mike McGannon has been hired as our new head track coach. Coach McGannon knows the Resurrection community well, with experience coaching volleyball and track here at Resurrection. Coach McGannon holds a degree in physical education with a minor in health. Coach McGannon ran track in high school at Willowbrook, setting the record in the one mile at 4 minutes and 52 seconds. After high school Coach McGannon continued to run competitively, winning the 2013 Chicago Super Spartan Race with a time of 1:08. Coach McGannon is excited to get started. Please join us in welcoming Coach McGannon.

Basketball Rolls on Senior Night – Resurrection Basketball had a signature win on January 16th, Senior Night, to remain tied for first in Conference play, defeating Bishop MacNamara 60-43. Senior Madison Van Horn was hot from the 3-point range, with fellow seniors Mary Quinn and Veronica Kieres getting it done inside.

Basketball Fine Arts Night/ final Home Game – Come out and support the teams Tuesday, January 23rd for Basketball Fine Arts Night as the Bandits Basketball teams play their final home game. Choir and Orchesis will be performing and the St. Pat's Cheerleaders will be cheering! Next year's freshmen class has also been invited following the Class of 2022 Welcome Dinner and we are expecting a big crowd!

Remember to Register for Spring Sports – Please remember to register for spring sports. Athletes must have a current physical on file and be registered in order to tryout. To register for athletics go to the Resurrection College Prep webpage at www.reshs.org. Click “Athletics.” Then click “Tryouts” on the left hand side. On the Tryouts page under Tryout Requirements, you will see a link to register. Click that link, then click “Registration” on the next page. Hit “Begin Registration” and follow the process.

Winter Sports Banquet Moved to Thursday, February 22nd – The [Winter Sports Banquet](#) has been moved to Thursday, February 22nd at 6:00 pm at White Eagle Banquets. The Banquet was moved from February 21st so Resurrection students can attend the St. Pats - Notre Dame Basketball game.

To register to attend the Winter Sports Banquet, please send Mr. Kane \$25 per person (including the athlete) attending the banquet from your family. (For example, if three people are coming from your family, send a check for \$75.) Please send in a check in an envelope that marked “Attn: Mr. Kane” with your athlete’s name and sport and bring it to the Main Office.

Spring Break Athletic Expectations – See below for when spring athletes must be in town for athletics over Spring Break. Minor changes may happen to this schedule due to weather. We will do our best to stay off Spring Break with reschedules.

Soccer: Spring Break: JV and Varsity Soccer will be off March 24 through April 1. April 2 (Easter Monday) there will be practice.

Water Polo: Spring Break: Water polo will be off March 27 through April 1, returning for a game April 2 (Easter Monday).

Lacrosse: Spring Break: Lacrosse will be off March 23 to April 1. There will be practice April 2 (Easter Monday).

Softball: Spring Break: Whole program off March 28 through April 1st. Returning for a practice on April 2 (Easter Monday).

Track: Spring Break: Track will be off March 22 through April 1. There will be a practice on April 2 (Easter Monday) to prepare for the meet that week.

Volleyball Coach Mike Sopocy Hired to Coach In College – Please join us in congratulating Coach Mike Sopocy. He has been named the Head Boys Volleyball Coach at North Park University here in Chicago. North Park will be introducing men’s volleyball in the spring of 2019. The opposite seasons have allowed Coach Mike to pursue being a college head coach, while continuing to coach here at Resurrection.

Track Will Begin Tuesday, February 20th – We have pushed the track season start date back this year. Starting in January made it difficult to form the most competitive program possible. We found that half of the potential team members were finishing a winter sport (Bowling, Cheer, or Basketball), and the rest of the team was burnt out by the end of the season. In track, the goal is for athletes to peak at season's end for the league and sectional meet, and we expect that a late February start will enhance performance. Track athletes should plan on practicing Tuesday, Thursday, and Friday the week of February 20th. **Practice will be from 3:30 – 5:00pm.** Changes may be made based on weather.

Spring Sports Begin February 26th – Lacrosse, Softball, Soccer, and Water Polo will have tryouts beginning on February 26th. Tryout times will be communicated during the month of February, if not before.

Lacrosse will have tryouts to determine who plays on which team. If for some reason there are not enough players for a freshmen team this year, there might be cuts.

Softball: The softball program will field two or three team levels which will be determined by the number of girls at tryouts and their skill level. There may be cuts based on these factors.

Water Polo and Soccer will not have cuts. Upperclassman might only make the JV team, but will not be cut.

Spring Schedules Up Online – All spring sports schedules (except Track) are currently posted on the 8:18 site at <http://il.8to18.com/resurrection>. Track will be posted after meets are confirmed.

Spring Sports Picture Day April 18 – Spring Sports Picture Day will run from 2:15 -5:30 pm on Wednesday, April 18th. Times will be assigned to teams once any rescheduled games have been determined due to weather. Orchesis will also take photos on this date.