

Resurrection

COLLEGE PREP HIGH SCHOOL

ATHLETIC CAMPS
SUMMER 2011

Basketball Skills/Shooting/Position Camp

Basketball fundamentals including shooting and position skills will be emphasized throughout all of the camps. Dribbling, footwork, passing, positioning, rebounding and shooting will be reviewed through competitive games and drills.

Grade 10	M-Th June 13 - 16 & June 20 - 23 & June 27-30	2:30 pm - 4:30pm	\$225
Grades 11-12	M-Th June 13 - 16 & June 20 - 23 & June 27-30	2:30 pm - 4:30pm	\$225

Basketball Skills Camp

Grades 4-6	M-Th June 13 – June 16 & June 20 – June 23	9:00am – 10:30am	\$135
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Grades 7-8	M-Th June 13 – June 16 & June 20 – June 23	10:30am – 12:00pm	\$125
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Incoming Freshmen: Grade 9

	M-Th June 13 – June 16 & June 20 – June 23	1:00 pm – 2:30pm	\$150
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Basketball Shooting Camp

Basketball fundamentals on correct shooting will be introduced. Emphasis will be on proper footwork, hand position, and shooting form.

Grades 7-8-9-10	M-Th June 13 – June 16	12:00pm – 1:00pm	\$50
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Basketball Position Skills Camp

Basketball fundamentals on individual skills specialized for guards and forwards. Emphasis on guards will be on ball-handling and guard work. Emphasis on forwards/posts will be on footwork and post moves.

Grades 7-8-9-10	M-Th June 20 – June 23	12:00pm – 1:00pm	\$50
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Golf Skills Camp

Times and Courses are subject to change due to availability of the course and amount of golfers per time slot. Please be flexible. Golfers might be split up into two sessions so that each player gets more attention and individual help. If necessary, golfers will be split up into level of talent so we can be more progressive at different talent levels. Instruction will focus on swinging, hitting, putting, chipping and endurance to play a complete 18-hole game. Game situations will be challenged through competitive drills and games. All levels are welcome from beginners to advanced!

Grades 7 -12	M-TH July 18 - July 21		\$175
July 18		3:30pm-7:00pm	
July 19		3:30pm-7:00pm	
July 20		3:30pm-7:00pm	
July 21		3:30pm-7:00pm	

Running Camp

A five week running camp emphasizing fundamentals, with a warm-up and cool-down. Distance, speed, endurance, sprints, track and weight room training will be reviewed through workouts. The runner should be prepared to run approximately 12-16 miles per week. Athletes are invited to attend any or all sessions. The first week is an introduction to distance running. If you are unable to attend the first week, you are encouraged to attend any or all other weeks. All five weeks for one fee.

Grades 6-12	M – Th June 13 - June 16 M – Th June 20 - June 23 M – Th July 11 - July 14 M – Th July 18 - July 21 M – Th July 25 - July 28	7:00am - 8:30am	\$125
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Soccer Skills Camp

Instruction will focus on fundamentals, dribbling, ball control, trapping, passing and shooting. Team play and game situations for both offense and defense will be reviewed through competitive drills and games.

Grades 9-12	M-Th June 13 - June16	5:00pm - 6:30pm	\$125
Grades 5-8	M-Th June 20 - June 23	5:00pm - 6:30pm	\$125

Softball Skills Camp

Pitching & catching session: Instruction will focus on pitching mechanics, drills, hitting spots and developing new pitches. Positional play: fundamentals & game strategy will be reviewed through competitive drills and games.

Pitchers & Catchers

Grades 5-8	T-Th July 5 - July 7	1:00pm-3:00pm	\$100
Grades 9-12	T-Th July 5 - July 7	1:00pm-3:00pm	\$100

Positional Play

Grades 9-12	T-Th July 5 - July 7	8:30am-11:00am	\$125
Grades 5-8	T-Th July 5 - July 7	11:00am-1:00pm	\$125

Tennis Skills Camp

Instruction with focus on all aspects of the game of tennis: serving, passing, scoring, hand-eye coordination, and ball skills. Individual and doubles play will be reviewed through competitive drills and games, both on the full and small court. All levels are welcome from beginners to advanced! *Camp held at Olympia Park.*

Grades 5 - 8	M-Th	June 20 - 23	8:00am - 10:00am	\$125
Grades 9 - 12	M-Th	July 18 - 21	8:00am - 10:00am	\$125

Volleyball Skills Camp

Instruction will focus on passing, setting, spiking, and serving. Team play and game situations will be reviewed through competitive drills and games.

Grade 10: (no camp July 4)	M-Th	July 5 - July 21	11:00am - 1:00pm	\$225
Varsity Level Only: (no camp July 4)	M-Th	July 5 - July 21	9:00am - 11:00am	\$225
Setter's Camp: (Grades 9-12)	Sat.	July 9	9:00am - 12:00pm	\$50
Incoming Freshmen: Grade 9 Session 1	M-Th	July 11 - July 14	1:30pm - 3:30pm	\$125
Incoming Freshmen: Grade 9 Session 2	M-Th	July 18-July 21	1:30pm - 3:30pm	\$125
Hitting Camp:	Sat.	July 16	9:00am - 12:00pm	\$50
Grades 5 - 6	M-Th	July 18 - July 21	11:00am - 1:00pm	\$125
Grades 7 - 8	M-Th	July 18 - July 21	3:30pm - 5:30pm	\$125
Defense and passing:	Sat.	July 24	9:00am - 12:00pm	\$50

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ATHLETIC CAMPS SUMMER 2011 REGISTRATION FORM

Completed registration form and a check for the camp fee (payable to Resurrection College Prep High School) should be returned to the main office in person or by mail by June 1, 2011 to Resurrection College Prep High School, c/o Bandit Summer Program, 7500 W. Talcott Ave., Chicago, IL 60631. Call 773.775.6616 Ext 142 with questions regarding the camp program or Ext 132 with any questions regarding registration. *Please note: camps will not meet on Fridays.*

REGISTRATION DEADLINE FOR ALL CAMPS: Wednesday, June 1, 2011

Student Name: _____

Please **circle** the camps being registered for:

Basketball Skills Camp:

\$225 Varsity
\$225 Sophomore
\$150 Incoming Freshmen
\$135 Grades 7-8
\$135 Grades 4-6
\$50 Shooting Camp Grades 7-10
\$50 Position Skills Camp Grades 7-10

Soccer Camp:

\$125 Grades 9-12
\$125 Grades 5-8

Softball Positional Camp:

\$125 Grades 9-12
\$125 Grades 5-8

Softball Pitchers & Catchers

\$100 Grades 9-12
\$100 Grades 5-8

Golf Skills Camp:

\$175 Grades 7-12

Running Camp:

\$125 Grades 6-12

Tennis Camp:

\$125 Grades 7-12
\$125 Grades 5-8

Volleyball Skills Camp:

\$225 Varsity
\$225 Sophomore
\$125 Incoming Freshmen Ses. 1
\$125 Incoming Freshmen Ses. 2
\$125 Grades 7-8
\$125 Grades 5-6
\$50 Setter's Camp Grades 9-12
\$50 Hitting Camp (open)
\$50 Defense & Passing (open)

All camps are filled on a first-come-first-serve basis. Resurrection College Prep High School reserves the right to cancel any camp due to lack of enrollment. If we are hosting a camp session, there will be no camp refunds. You may however request a 2011 substitute camp if there is availability in the requested camp.

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ATHLETIC CAMPS SUMMER 2011 REGISTRATION FORM

Please print clearly

Student Name:

Age:

Grade (as of the fall 2011):

Address:

City:

Zip:

Daytime Phone (include area code):

“I hereby grant permission for my child to attend the Resurrection College Prep High School Athletic Camps. I hereby release Resurrection College Prep High School and employees from any liability for injuries sustained by my child while participating in such programs. I have no knowledge of any physical impairment that would be affected by participation in the camp. Photographs taken at this event may be used for publicity purposes by the local press, on Resurrection’s website or publications. I hereby release Resurrection and their legal representatives and assign from all claims and liabilities to said photographs.”

Parent/Guardian(s) Signature:

Parent/Guardian(s) Name Printed:

Emergency Phone (include area code):

Insurance Carrier:

Policy Number: