

Plan Overview

General Summary

Resurrection will proceed with athletics as normal with the fall sports permitted by the Illinois High School Activities Association (IHSA). Those sports are Cross Country, Golf, Tennis, and Swimming. Resurrection will follow all return to play guidelines issues by the IHSA office and the Governor to ensure our athletes return safely to athletics.

Game Schedules

Game schedule restrictions have been imposed by the Governor's office and the IHSA. Resurrection is permitted to play schools from their league and the Chicago Region only. Within the Chicago Region, Chicago Public Schools (CPS) has announced that they will not compete against any schools outside of the CPS network. All sports will see major changes in their game schedules.

General Covid-19 Restrictions

- Due to cleaning needs, no on campus sports teams will be permitted to practice at the school on Wednesdays.
- Coaches will be masked at all times during practices, except when social distancing can take place outdoors.
- Players will be permitted to take masks off during periods of physical exertion at outside practices. When players are on breaks or waiting their turn during drills they must be socially distanced and masked whenever possible.
- Players/Coaches must be masked at indoor events.
- No high fives or fist bumps. "Air fives encouraged."
- Spectators are not allowed at indoor events.
- Spectators will be permitted at outdoor events, but must be masked and socially distanced.
- Temperature checks and health screening questions will be asked at every athletic event.
- Players will wait in their cars for the temperature check whenever possible.
- Athletes must bring their own mask, water bottle, and hand sanitizer to all athletic events.
- Coaches will give athletes an initial squirt of hand sanitizer to begin practice.
- Practice and competition groups cannot exceed 50 individuals. This includes coaches, trainers, and referees.
- If it was not your day to be in-person learning at Resurrection, the expectation is you show up to practice/games dressed and ready to go. No use of the locker room is permitted if it was not your day on campus.

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- Athletes may not show up to practice more than 15 minutes early. If more than 15 minutes early, you must wait in your cars.
- Players may not congregate before or after athletic events. Players must leave the premises immediately.
- Players should wash clothes used for athletics immediately upon returning home.

If a player suspects they have Covid-19, has symptoms of Covid-19, or has been in contact with someone who tested positive, they must immediately email Athletic Director Mr. Eddie Kane at ekane@reshs.org and copy their coach. The player must stay away from practice until they receive communication back from Mr. Kane on how to return safely.

Items of Note for Cross Country

- Only 7 runners (score 5) can run in a race.

Items of Note for Swimming

- Swim athletes may not use the locker room at St. Patrick's HS. Players must come dressed in sweats over their suits, and leave in those sweats over their suits.
- Parents of swim players may not enter the pool facility at St. Patrick's HS. This rule is for practices and games. The only exception is if you are a lane timer at a meet.
- Swimmers do not have to wear masks during practice, but must maintain social distancing as much as possible while not in the pool. If social distancing cannot be maintained masks should be worn while not in the pool.
- During meets swimmers must wear masks when not in the water competing.
- Due to Covid-19, relays and synchronized swimming events are cancelled for this season.
- Only one swimmer per lane is allowed in the pool at a time during competition. More may be allowed at practice. We are seeking guidance on this.

Items of Note for Tennis

- Gates to the tennis courts will be opened once and left opened for the duration of the match or practice to prevent "multiple touching."
- Scorecards will not be used at tennis matches to prevent "multiple touching."
- Players may be asked to take turns during drills and wait outside the fence while socially distanced in masks until it is their turn. This is to prevent crowding on the tennis court.
- Players and coaches will use "ball baskets" to pick up balls to prevent "multiple touching." Players and coaches will sanitize their hands after using the "ball basket."
- Players will not change sides of the court during matches.
- Each player will have their own numbered tennis balls, or own brand of tennis balls during matches, as to allow only the server to be touching the ball. Non-serving players will pass the tennis balls back to the server in-between points using their racket or feet.
- All practice tennis balls will be thrown out and new balls ordered if a player or coach is suspected of having Covid-19.

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- Players and coaches should avoid touching their face.

Items of Note for Golf

- Golf will follow the rules outlined in this document in addition to any rules/restrictions issued by the golf course.
- Golf players are to be masked on the course if social distance cannot be maintained.
- No touching of other player's golf balls.
- No touching of the flagstick or sand trap hand rakes (there are special rules for a bad lie in a sand trap due to the lack of raking. Coaches will go over this).
- No eating of sunflower seeds or licking of fingers in any way. Play will stop and all players will be asked to hand sanitize if finger licking occurs.

Spectators at Athletic Events

- Spectators are not permitted at indoor athletic events.
- Spectators are permitted at outdoor sporting events provided they are masked and able to maintain 6 feet of social distance.

Busses

- Resurrection will not provide bussing to away matches this fall.

Winter and Spring Sports Offseason Workouts

At this time Resurrection is evaluating the safety and feasibility of winter and spring sports offseason workouts. Our goal at the moment is to run the current fall sports safely and return students to the building via our hybrid model. The risks of more students on campus with offseason workouts needs to be discussed by Resurrection Administration.

Entering and Exiting the Building

All athletes will enter through Door #1, and exit through Door #8. This is the same procedure that is used during the school day.