

FRESHMEN FAITH INTEGRATION SERVICE PROGRAM

● GOAL:

- “A Resurrection woman will acquire, through her participation and reflection in four-year comprehensive program of service, a deeper understanding of and appreciation for the Christian vocation to service. Honoring our motto of Charity and Truth, each student will be given a platform for transformation through targeted service experiences and accompanying reflection.”

● OVERVIEW:

- The goal of this program is to provide an opportunity to become Christian leaders, with compassion and passion.
- Service is a way of life here at Resurrection with our students participating in a variety of ministry opportunities at school, outside of school, and with the family.
- To help create this way of life students will participate in the Faith Integration Service program which includes an active participation in service, attendance at small group meetings & personal reflection.
- Our task is to honor our motto of *Caritate et Veritate* through growing in our understanding of service through different platforms.

● REQUIREMENTS:

- Students will focus on two major areas of Resurrection spirituality: Family and Reflection.
- Each student is required to commit to: **an ongoing service project done for her family and participation at all small group meetings.**
- Each student will choose a service project that will serve as the basis of her small group reflection discussion for the school year.
- Each student will be given a proposal form to be turned into their mentor by **October 2.**
- Project Proposals must be approved by service mentors and the campus minister
- Project Proposals must total 20 hours to be completed

throughout the school year

● SERVICE PROJECT GUIDELINES:

- Service Projects MUST help a family member or the family as a unit
- Service Projects CANNOT be a basic household chore (taking out the trash, washing the dishes)
- Service Projects MUST require a level of maturity and commitment from the student
- Student CANNOT receive compensation (payment, gifts, etc.) for any work done
- Service Projects MUST be ongoing (through the duration of the school year)
- Service Projects MUST total **at least 20 hours** over the year
- Students MUST participate in her small group by attending meetings and sharing about her service

● EXAMPLES:

- Cooking dinner (weekly, bi-weekly, monthly)
- Taking care of pets (walking, feeding, training)
- Working on homework/tutoring younger siblings
- Grocery shopping for parents/ elder members of family (grandparents)
- Creating photo albums
- Helping with yard maintenance
- Painting a shed or cleaning out the attic

● HELPFUL TIPS:

- Make sure your service project is something fun and that you enjoy doing
- Start right away → plan what you will do, talk it over with whoever (parents, grandparents, etc.)
- Hold yourself accountable → use the service log, if you say you are going to do something every week do it (stick to your goal)
- Involve family → it can become a bonding experience
- Try not to have the “only do something easy” mentality → do something you know will be a help and make a difference
- Nothing has to be extravagant is just has to be service
- Don't be afraid to open up in small group meetings
- Ask questions when and if you have them!
 - Ask mentors or the campus minister by stopping in or emailing at mqualter@reshs.org

SOPHOMORE FAITH INTEGRATION SERVICE PROGRAM

● GOAL:

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● REQUIREMENTS:

- Sophomore service projects are to focus on their **church/religious institution or school**
- Each student will choose a service project that will serve as the basis of her small group reflection discussion for the school year.
- Each student will be given a proposal form to be turned into their mentor by **October 2**.
- Project Proposals must be approved by service mentors and the campus minister
- Project Proposals must total **20 hours** to be completed throughout the school year

● SERVICE PROJECT GUIDELINES:

- Service Projects are to be done for a **church/religious**

institution or school

- Student CANNOT receive compensation (payment, gifts, etc.) for any work done
- Service Projects MUST be ongoing (through the duration of the school year)
- Service Projects MUST total **at least 20 hours** over the year
- Students MUST participate in her small group by attending meetings and sharing about her service

● **EXAMPLES:**

- Volunteering at parish youth group and other services
- Assisting with religious education
- Leading morning prayer over the intercon
- Volunteering for the Northwest Hunger Walk
- Helping during the Junior Ring Mass or Graduation (Eucharistic minister, altar serving)
- Altar serving/ eucharistic minister at parish
- Volunteering that the walk-a-thon and other school functions
- Student ambassadors
- Silent Prayer

● **HELPFUL TIPS:**

- Make sure your service project is something fun and that you enjoy doing
- Do something you enjoy/ connect with
- Start hours early and plan accordingly
- Join clubs that have service opportunities on campus
- Take time for personal reflection
- Don't be afraid to open up in small group meetings
- Ask questions when and if you have them!
 - Ask mentors or the campus minister by stopping in or emailing at mqualter@reshs.org

JUNIOR FAITH INTEGRATION SERVICE PROGRAM

● GOAL:

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- To help create this way of life students will participate in the Faith Integration Service program which includes an active participation in service, attendance at small group meetings & personal reflection.
- Our task is to honor our motto of *Caritate et Veritate* through growing in our understanding of service through different platforms.

● REQUIREMENTS:

- Juniors will focus their **service for their community**
- Each student will choose a service project that will serve as the basis of her small group reflection discussion for the school year.
- Each student will be given a proposal form to be turned into their mentor by **October 2**.
- Project Proposals must be approved by service mentors and the campus minister
- Project Proposals must **total 20 hours** to be completed throughout the school year

● SERVICE PROJECT GUIDELINES:

- Service Projects are to be done for **their community**
- Service can include places such as the local community of the student, community surrounding Resurrection, etc.

- Student CANNOT receive compensation (payment, gifts, etc.) for any work done
- Service Projects MUST be ongoing (through the duration of the school year)
- Service Projects MUST total **at least 20 hours** over the year
- Students MUST participate in her small group by attending meetings and sharing about her service

● EXAMPLES:

- Volunteering at Presence Resurrection Life Center (nursing home)
- Volunteering at Presence Resurrection Retirement Community
- Volunteering at Presence Resurrection Medical Center (must be at least 16)
- Volunteering for the Northwest Side Hunger Walk (Sept. 29)
- Volunteering at after school programs
- Volunteering at local library
- Volunteering to clean up local park/ playground

● HELPFUL TIPS:

- Make sure your service project is something fun and that you enjoy doing
- Do something you enjoy/ connect with
- Start hours early and plan accordingly
- Join clubs that have service opportunities on campus
- Take time for personal reflection
- Don't be afraid to open up in small group meetings
- Ask questions when and if you have them!
 - Ask mentors or the campus minister by stopping in or emailing at mqualter@reshs.org